



PATIENT AFTERCARE GUIDE
LESION REMOVAL

MULTIPLE AREAS LESION REMOVAL

Your full, personalised advice will be given by your surgeon or practitioner specific to your individual needs and you will receive written instructions prior to your procedure but here is a brief overview.

Can I go home the same day?

Yes, lesion removal is carried out as an out-patient procedure and you will go home following your treatment.

When can I shower?

You can shower the day after your procedure. Specific instructions will be given on the day, depending on what dressings you have in place.

When are my dressings and sutures removed?

You may have a 1-week follow-up appointment, though it is not always necessary. Any non-dissolvable sutures will be removed at this appointment.

Will I need pathology?

This will be discussed with you prior to removal of any lesion.

Will I have bruising?

You are unlikely to have bruising following your procedure, but if there is, it is usually minimal.

How long will it be before the scar heals?

Scars take up to 12-18 months to fully mature.

How long do I need to take off work?

You don't usually need to take time off work, but your surgeon will advise you.

Can I still exercise?

Allow the area to heal before exercise/swimming etc.

Can I drive after surgery?

You can usually drive after your procedure, but it will depend on where the wound is. For example, surgery near the eyes or hands may mean you should not drive home.

Who do I contact in an emergency?

You can contact the clinic if you have any concerns.





IMPORTANT NOTICE

This aftercare guide provides general information to support your recovery following treatment at LASE Cosmetic. Every patient is different, and your clinical team will provide personalised guidance specific to your procedure, health, and circumstances.

Always follow the specific verbal and written instructions given to you by your consultant or practitioner. If there is any conflict between this guide and your personal aftercare instructions, follow your personal instructions and contact your LASE clinical team to clarify.

This document does not replace medical advice. If you are ever in doubt about your recovery, please contact us.